

Supporting Screenshots: Initiating a *Combined Oral Contraceptive*

NB1: *Service Support* lists helpful references, just a click away.

NB2: First the *Patient Name* needs to be identified & registered into system. Then come out of system and return, and the Patient Name will come up when you start typing.

Service Support NHS Contraception Service

Service delivery resources:

- Service Specification
- Combined Oral Contraception PGD
- Progestogen Only Pill PGD
- Technical Toolkit
- EPS Prescription Tracker
- NICE Medicines practice guideline 'Patient Group Directions'

Contraception consultation tools:

- Sexwise
- Brook
- Contraception Choices

Clinical resources:

- Electronic BNF
- Electronic Medicines Compendium
- NICE CKS

FSRH resources:

- FSRH Clinical Guideline: Progestogen-only Pills

- FSRH CEU Guidance: Drug Interactions with Hormonal Contraception
- FSRH Clinical Guideline: Combined Hormonal Contraception
- FSRH UK Medical Eligibility Criteria for Contraceptive Use
- FSRH Clinical Guideline: Quick Starting Contraception

Enrolment Requirements

The commissioner requires that the individual delivering this service meets certain criteria. Enter either your **name** or **registration number** in the box below and select from the list that appears.

Practitioner Name [Edit Details](#)
Registration number: 2075047

Enrolment requirements met and service provision allowed

Consultation date

Patient name
If Patient name is not registered, click here to enter Pharmacy Contraception Service - Referral and Registration

Patient age years

Service entry

Method of entry to service

- Recruited by Pharmacy Team
- Self-referred
- Subsequent visit after first repeat supply
- Referred by other healthcare provider

Service type

Service type

- Initiation
- Ongoing monitoring / supply

Consent & GP Practice

Consent to service

The patient consents to the following:

- The pharmacist to provide them with a supply of oral contraception.

The patient's information will be legally shared with:

- **NHS England** as part of the service monitoring and evaluation; and
- **The NHSBSA and NHS England** for the purpose of contract management and post-payment verification (PPV).

Consent: Yes [Consent given](#)
 No [Consent not given](#)

Consent to share with GP

If you give consent for data sharing, the information you provide will be passed to: your GP.

To inform your GP of the supply of oral contraception via the NHS Community Pharmacy Oral Contraception Management Service. If you don't give consent your GP will not be notified.

Consent to share: Yes [Consent to share given](#)
 No [Consent to share not given](#)

Fraser competency and safeguarding

Patient is under 16 years, an assessment based on [Fraser guidelines](#) must be made and documented.

(Tick each box to indicate discussion)

Fraser Competency Status

- Assessed patient understanding
- Encouraged parental involvement
- Assessed physical mental effects of withholding treatment
- Acting in best interest of young person
- Likely to continue with sexual activity

Patient competent Yes No

Patient is **under 13 years of age** record action taken below:

Record action taken

(Do not include patient identifiable information)

CSE Risk Evaluation

For all young people under the age of 18 years a short evaluation of CSE risk should be completed.

Please ask the following 4 questions. If any apply the pharmacist should speak to the local safeguarding lead and follow the local safeguarding policy. Further advice can be found in the [NHS Safeguarding App](#).

CSE question checklist

- Have you ever stayed out overnight or longer
- How old is your boyfriend or person(s) you have sex with
If difference over 4 years tick (and record age)
- Does your boyfriend or person(s) you have sex with stop you from doing things you want to do
- Thinking about where you go to hang out, or to have sex. Do you feel unsafe there
- No concern of CSE

Age of partner

Patient Excluded

You have selected one or more risk factors. Speak to your local safeguarding lead and follow the local safeguarding policy.
(A printable Safeguarding Referral Form will generate when you save this record)

Record action taken

(Do not include patient identifiable information)

Current contraception

Contraception method

- None
- Injectable Contraception
- Implant
- Intrauterine Device (IUD)
- Intrauterine System (IUS)
- Vaginal Ring
- Contraception Patch
- Combined Pill
- Progestogen Only Pill
- Cap/Diaphragm
- Spermicides
- Natural Family Planning
- Condom (Male)
- Condom (Female)
- Emergency contraception
- Other

If 'other' please state

Have you discussed alternative and more effective forms of contraception (e.g. LARC) with the patient?

Yes No

Would the patient like the opportunity to discuss the administration of a LARC with a specialist e.g. GP / Sexual Health Clinic?

Yes No

Medical history

The patient's electronic health records can be accessed via the **Summary Care Record** link on the right-hand side of the page when your NHS Smartcard is connected.

Tick ALL that apply

- Patient has known allergies
- Patient is currently taking medication that could interact
- Patient's health has changed since last supply
(Includes changes to medical, surgical or mental health since last supply of oral contraception)
- Patient has a family history of medical conditions
- None of the above



Oral contraception supply

Oral contraception to be supplied

- Combined Pill
- Progestogen Only Pill

When COC is selected the PGD list of Exclusions are helpfully prompted....

Oral contraception to be supplied

- Combined Pill
- Progestogen Only Pill

Exclusion list

Exclusions - COC

- Individuals under 16 years of age and assessed as not competent using Fraser Guidelines.
- Individuals 16 years of age and over and assessed as lacking capacity to consent.
- Established pregnancy.
Note - risk of pregnancy with a negative pregnancy test is not an exclusion.
- Known hypersensitivity to the active ingredient or to any constituent of the product.
[Summary of Product Characteristics](#)
- Some COC products contain lactose/sucrose. Individuals with rare hereditary problems of galactose intolerance, total lactase deficiency, fructose intolerance or glucose-galactose malabsorption or sucrose-isomaltase deficiency should not take these medicines.
Where applicable, check product excipients before supplying.
- Less than 21 days after childbirth (for deliveries over 24 weeks gestation).
- Breastfeeding and less than six weeks post-partum.
- Not breastfeeding and less than 6 weeks post-partum with other risk factors for venous thromboembolism (VTE).
- Individuals aged 50 years and over.
- Significant or prolonged immobility.

Cardiovascular Disease

- Individuals aged 35 years and over that smoke or stopped smoking less than one year ago.
(This includes vaping and the use of e-cigarettes.)
- Body Mass Index (BMI) equal to or greater than 35kg/m².
- Blood pressure greater than 140/90mmHg or controlled hypertension.
- Multiple risk factors for cardiovascular disease (CVD).
(Such as smoking (including vaping/use of e-cigarettes), diabetes, hypertension, obesity and dyslipidaemias.)
- Current or past history of ischaemic heart disease, vascular disease, stroke or transient ischaemic attack.
- Current or past history of venous thromboembolism.
- Complicated valvular or congenital heart disease.
E.g. pulmonary hypertension, history of subacute bacterial endocarditis.
- First degree relative (a person's parent, sibling, or child) with venous thromboembolism.
Which first occurred when they were under 45 years of age.
- Known thrombogenic mutations.
E.g. factor V Leiden, prothrombin mutation, protein S, protein C and antithrombin deficiencies.
- Cardiomyopathy with impaired cardiac function.
- Atrial fibrillation.

Neurological conditions

- Current or past history of migraine with neurological symptoms including aura at any age.
 - Migraine without aura, first attack when on method of contraception containing an estrogen.
 - Zoely only - individuals with a meningioma or a history of meningioma.
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Cancers

- Past or current history of breast cancer.
 - Undiagnosed breast symptoms.
(For initiation only)
 - Carrier of known gene mutations associated with breast cancer.
E.g. BRCA1 or 2.
 - Malignant liver tumour.
(Hepatocellular carcinoma)
-

Gastro-intestinal conditions

- Viral hepatitis, acute or flare.
(For initiation only)
 - Severe (decompensated) cirrhosis.
 - Gall bladder disease, currently symptomatic or medically managed.
 - Any bariatric or other surgery resulting in malabsorption.
 - Cholestasis.
(Related to past combined hormonal contraceptive use.)
 - Benign liver tumour.
(Hepatocellular adenoma.)
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Other conditions

- Imminent planned major surgery.
(COC should be stopped at least 4 weeks prior to planned major surgery or expected period of limited mobility.)
 - Diabetes with end organ disease.
 - Positive anti-phospholipid antibodies.
(With or without systemic lupus erythematosus.)
 - Organ transplant, with complications.
 - Known severe renal impairment or acute renal failure.
 - Acute porphyria.
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Medicines

- Individuals using enzyme-inducing drugs/herbal products.
(Or within 4 weeks of stopping them.)
 - Interacting medicines.
(Or within 4 weeks of stopping them.)
 - Requires oral contraception not covered by PGD.
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No exclusions apply

- None of the above.

Outcome Summary

Consultation outcome

Consultation outcome

- Supply made
- Supply made & referred/signposted
- No supply - clinically inappropriate & referred/signposted
- No supply - clinically appropriate & referred/signposted
- No supply - declined by patient
- No supply - other reason (please state)
- No Supply - escalated

Patient safety incident

Any patient safety incidents must be reported in line with the Clinical Governance Approved Particulars for Pharmacies.

Incident to report Yes No

Professional role

Professional role

- Pharmacist
- Independent Prescriber

Save