



Community Pharmacy Leicestershire & Rutland

REGIONAL & LOCAL NEWS

NHS Pharmacy First – 7 clinical pathways						
Urinary tract infection	Shingles	Impetigo	Infected insect bites	Acute sore throat	Acute sinusitis	Acute otitis media
Inclusion: <ul style="list-style-type: none"> Female Aged between 16 - 64 Suspected lower UTI 	Inclusion: <ul style="list-style-type: none"> 18 years and over Suspected case of shingles. Rash appeared within the last 72 hours - 7 days 	Inclusion: <ul style="list-style-type: none"> 1 year and over Signs and symptoms of impetigo Localised (4 or fewer lesions/clusters present) 	Inclusion: <ul style="list-style-type: none"> 1 year and over Infection that is present or worsening at least 48 hours after the initial bite(s) or sting(s) 	Inclusion: <ul style="list-style-type: none"> 5 years and over Suspected sore throat 	Inclusion: <ul style="list-style-type: none"> 12 years and over Suspected signs and symptoms of sinusitis Symptom duration of 10 days or more 	Inclusion: <ul style="list-style-type: none"> Aged between 1 – 17 Suspected signs and symptoms of acute otitis media
Exclusion: <ul style="list-style-type: none"> Male <16 or >64 Pregnant Breastfeeding Recurrent UTI (2 in last 6 months or 3 in last 12 months) Catheter 	Exclusion: <ul style="list-style-type: none"> < under age of 18 Pregnant or suspected pregnancy Breastfeeding with shingle sores on the breasts Shingles rash onset over 7 days ago 	Exclusion: <ul style="list-style-type: none"> < under 1 year of age Pregnancy or suspected pregnancy in individuals under 16 years of age Breastfeeding with impetigo lesion(s) present on the breast Recurrent impetigo (2 or more episodes in the same year) Widespread lesions/clusters present Systemically unwell 	Exclusion: <ul style="list-style-type: none"> < under 1 year of age Pregnancy or suspected pregnancy in individuals under 16 years of age Systemically unwell Bite or sting occurred while travelling outside the UK 	Exclusion: <ul style="list-style-type: none"> Individuals under 5 years of age Pregnancy or suspected pregnancy in individuals under 16 years of age Recurrent sore throat/tonsillitis (7 or more significant episodes in the preceding 12 months or 5+ in each of the preceding 2 years, or 3+ in the preceding three years) Previous tonsillectomy 	Exclusion: <ul style="list-style-type: none"> Individuals under 12 years of age Pregnancy or suspected pregnancy in individuals under 16 years of age Symptom duration of less than 10 days Recurrent sinusitis ((4 or more annual episodes of sinusitis) 	Exclusion: <ul style="list-style-type: none"> Individuals under 1 year of age or over 18 years of age Pregnancy or suspected pregnancy in individuals under 16 Recurrent infection (3+ episodes in preceding 6 months, or 4+ episodes in the preceding 12 months with at least one episode in the past 6 months.)

PHARMACY FIRST - NOW LIVE

On the 31st Jan Pharmacy First went live across England as an advanced service. We are delighted that over 92% of LLR contractors have signed up to the service.

Lots of resources available on the [website](#).

CPE will be hosting [drop in sessions](#). They will be held between 1-2pm on Microsoft Teams on:

- Monday 29th January 2024;
- Tuesday 30th January 2024;
- Tuesday 6th February 2024; and
- Thursday 8th February 2024



ENT Clinical assessment Training- CPPE

On Sunday Jan 28th 2024, [Community Pharmacy Leicestershire and Rutland](#) commissioned an additional 120 pharmacists to complete the CPPE ENT clinical assessment training in preparation for the launch of Pharmacy First. What a fantastic day. Thank you to all who attended, especially as it was a Sunday!

Great energy and great engagement.

If you are struggling to find a training provider please note [Community Pharmacists | CliniSkills](#) also provide ENT training.

CPPE has created a suite of video learning to support you to deliver aspects of the NHS Pharmacy First Service. These videos aims to support pharmacy professionals to develop the knowledge, skills and confidence needed to undertake effective consultations, clinical assessment and treatment for aspects of the Pharmacy First Service including:

NHS Pharmacy First Otitis Media e-learning -

<https://www.cppe.ac.uk/programmes//nhsphfrst-e-01/>

NHS Pharmacy First Sinusitis - <https://www.cppe.ac.uk/programmes//nhsphfrst-e-02/>

NHS Pharmacy First Sore Throat -

<https://www.cppe.ac.uk/programmes//nhsphfrst-e-03/>

The suite is expanding to include e-learning on:

Dermatology: An introduction to managing common skin conditions -

<https://www.cppe.ac.uk/programmes//dermatology-e-01/>

NHS Pharmacy First - Lower Urinary Tract Infections (UTIs) -

<https://www.cppe.ac.uk/programmes//nhsphfrst-e-05/>



**COMMUNITY PHARMACY
OPEN HOUSE SURGERY**

TELL US WHATS IMPORTANT TO YOU

**3RD WEDNESDAY OF EACH MONTH
8PM**



Join on your computer, mobile app or room device
[Click here to join the meeting](#)

Meeting ID: 324 095 245 307
Passcode: QatQFJ

**OPEN TO ALL
PHARMACISTS
&
PHARMACY TEAM MEMBERS**

Community Pharmacy Open House Surgery.

Every third Wednesday of every month, Rajshri, Chief Officer at Community Pharmacy Leicestershire, and Rutland invites all LLR Pharmacists and Pharmacy Team members to join her and her team to an open house meeting.

This is an opportunity to raise matters that are important to you and discuss regional and national issues directly with her and her administrative team. Rajshri also provides an update of the workstreams her and team are focusing on.

We welcome all attendees including Pharmacists, Area Managers, Pharmacy Team members and Superintendents.

Next meeting on the 21st February at 8pm.

This month we will be discussing Pharmacy First post launch.

[Click here to join the meeting](#)

**February 2024
DEADLINE TRACKER**

Please see the link for this months

deadline tracker [HERE and previous trackers.](#)

Deadline Trackers 2023

The Community Pharmacy Tracker reminds you of what needs to be done and by when

Please find below your latest Deadline Trackers:

- [May 2023](#)
- [April 2023](#)
- [March 2023](#)
- [February 2023](#)
- [January 2023](#)

This useful resource highlights activities, tasks and workloads that need to be completed, whilst also providing a reminder of imminent deadlines coming up.



Website updates

We have added new items to our website, including ICB prescription switches [ICB – Prescription Switches – Community Pharmacy Leicestershire and Rutland](#) Pharmacy First [GP Practice Information – Community Pharmacy Leicestershire and Rutland](#)

Foundation (pre-registration) Oriel deadline 1st March 2024

All recruitment for trainees must now be via the Oriel National Recruitment Scheme.

In January 2021, the GPhC published the revised Standards for the Initial Education and Training of Pharmacists (IETP). The first students to graduate against these new learning outcomes will start their foundation training year, previously known as the pre-reg year, in July 2025.

This means the 2025/26 foundation training year, all foundation trainee pharmacists must be recruited through the National Recruitment Scheme (Oriel) system.

There will be no arrangements for approval of training sites or funding of training sites outside of this process.

For the 2025/26 foundation training year, you do not have to include a multi-sector rotation, although it is strongly encouraged to include this wherever possible.

Further information and links can be found below.

[Foundation Training – Community Pharmacy Leicestershire and Rutland](#)

A webinar will be offered 4 times during January – March 2024 to all systems and employers, with a special focus on community pharmacy employers.

• Thursday 7th February 2024 - 7:30pm – 8:30pm - [Click here to join the meeting](#)

Monday 26th February 2024 - 8:00pm – 9:00pm - [Click here to join the meeting](#)



One to One Support available free

As community pharmacy is rapidly changing with the introduction of new pharmacy services and expanding roles, CPPE would like to offer one to one support to those wishing to develop their portfolio and CPD. Meera Joshi, CPPE Regional Tutor for LLR would like to visit community pharmacies in February and March 2024 to further support all teams but with a focus on community pharmacy technicians, newly qualified pharmacists and those pharmacists who are considering undertaking the Independent Prescriber course. If you regularly employ one of these individuals, please contact Meera via email or phone to arrange a bespoke, short pharmacy visit to support your knowledge of the CPPE portfolio.

Meera Joshi; Meera.joshi@cppe.ac.uk; 07385401363

Action Learning Set

Workshops



Limited spaces

Action Learning Set workshops

Health Innovation East Midlands' polypharmacy programme invites you to join our Action Learning Sets (ALS) to help build GP and prescribing health care professionals' confidence in, and understanding of, the complex issues surrounding stopping inappropriate medicines safely.

Who are they for: Any prescriber in primary or secondary care with well-established prescribing experience and who prescribes and reviews medication regularly.

How long is the training: Three sessions each lasting three hours, delivered virtually. Delegates must attend all three sessions.
Cohort 1: 12 & 26 January, 1 March
Cohort 2: 16 & 30 January, 5 March

How much does it cost to register: Free to prescribers

Find out more and register interest [here](#)
or contact richard.mcbain@nottingham.ac.uk

Polypharmacy: 
getting the balance right

Health Innovation East Midlands 

NATIONAL NEWS



Scan the QR code above to access specific learning for community pharmacy! CPPE has created a suite of new materials to support you and your pharmacy teams with the launch of the Pharmacy First and upcoming changes to the community pharmacy landscape. To further support you, CPPE Regional Tutor Meera Joshi can visit your community pharmacies during February and March 2024 to showcase the portfolio, navigate the website and support you and your pharmacy teams with developing your CPD! **Please email her on meera.joshi@cppe.ac.uk or call 07385401363.**



Delivering Substance Use services

The Office of Health Improvement and Disparities has finally published the long-awaited guidance - **Community pharmacy: delivering substance misuse services**. Please see the below link.

Community pharmacy: delivering substance misuse services - GOV.UK
(www.gov.uk)

The guidance is for both pharmacy owners and service commissioners. As previously shared in my last update on the progress of this document in April 2022, the guidance is likely to have future impacts on local service contracts and commissioning



How to use the NHS App

Health+ volunteers have translated Youtube How to Use the NHS App Videos into Gujarati and Polish. As Community Pharmacies, you may get enquiries about ordering repeat prescriptions through the App from patients who speak these languages, the YouTube play lists below.

Gujarati:
<https://www.youtube.com/playlist?list=PLofk5Lk5NGN0vDP2sLLcgGcu1Kp06ifUM>

Polish
https://www.youtube.com/playlist?list=PLofk5Lk5NGN0agWHLdnuDBGV0_KQFg0LH



Measles Update for Community Pharmacists

Please be aware that the measles virus is circulating throughout LLR. Whilst the number of confirmed cases of measles is currently in single figures locally, the virus can spread very quickly and easily amongst people who have not had two doses of the MMR (Measles, Mumps & Rubella) vaccine.

Vaccination with two doses of MMR is the only way to give people maximum protection. Anyone of any age can have the vaccine, it is safe, free of charge. **For people who do not touch pork products, there is a version of the MMR vaccine which has not been in contact with any pork ingredients during manufacture and does not contain pork ingredients.**

We are advising everyone who has not had two doses of the MMR vaccine, to contact their GP to arrange as soon as possible. For people who are unsure about vaccination status, they can check their child's red book, look on the NHS App or contact their GP to ask. We are also promoting the following information/advice:

Symptoms of measles

Symptoms appear between 7 to 10 days after someone becomes infected. Typical symptoms include;

- cold-like symptoms, such as a runny nose, sneezing, and a cough
- sore, red eyes that may be sensitive to light
- watery eyes
- swollen eyes
- a high temperature (fever), which may reach around 40°C (104°F)
- small greyish-white spots in the mouth
- aches and pains
- loss of appetite
- tiredness, irritability and a general lack of energy

What to do if you think your child has measles

- contact NHS 111 or phone your GP surgery. If you do need to visit a GP or hospital, **you must call ahead** to let them know that it could be measles. The staff will make special arrangements to see you and/or your child so that, if they have measles, they won't pass it to other people.
- If you think your child may have measles, it is very important that they do not attend nursery or school.
- It is also important that anyone suspected of having measles does not mix with others in public places, this includes out of school activities so not to pass the infection onto others. People in certain at-risk groups, including babies and small children, pregnant women, and people with weakened immunity, are at increased risk of complications if they catch

measles.

More information on measles and MMR

- NHS measles information: <https://www.nhs.uk/conditions/measles/>
- NHS MMR information: <https://www.nhs.uk/conditions/vaccinations/mmr-vaccine/>
- UKHSA leaflet on measles (also available in a range of languages): <https://www.gov.uk/government/publications/measles-dont-let-your-child-catch-it-flyer-for-schools> .

A number of action cards prepared by BSOL can be found below too.

[Vaccination: MMR - CommsLink - FutureNHS Collaboration Platform](#)

[Search | Campaign Resource Centre \(dhsc.gov.uk\)](#)

[Search Publications - Health Publications](#)

[UKHSA Measles Toolkit 2024 1.0.docx \(live.com\)](#)



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(CPL&R)**

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