



CENTRE FOR PHARMACY POSTGRADUATE EDUCATION

## NHS Pharmacy Contraception Service (PCS): delivering effective consultations for oral contraception

## Sunday 19<sup>th</sup> January 2025 (10:00am – 12:30pm)

Hilton Leicester, 21 Junction Approach, Leicester, LE19 1WQ

42 places available!! Free to attend\* (CPPE cancellation policy applies to this workshop booking)

Light refreshments (tea/coffee) and networking available from 9:30am. The speaker's presentation covers practicalities and experiences of running the service. Interactive activities to discuss scenarios with peers & plan your next steps to be service ready. 12:00pm-12:30pm Community Pharmacy Leicestershire & Rutland Open House Surgery (Q&A)

## Book early to avoid disappointment

https://www.cppe.ac.uk/programmes/l/nhsphfrst-w-02

Event ID: 61299

Please contact the LPC below for the keycode

The aim of this workshop is to support you in shared decision making with people who are starting, restarting or changing contraception within the NHS Pharmacy Contraception Service (PCS).

After completing all aspects of this workshop, participants should be able to:

- Apply appropriate person-centered consultation skills to enable an effective medical history to be taken
- Explore the suitability of oral contraception for people who access the service in accordance with their individual needs and in line with the service specification and PGDs
- Discuss information and guidance regarding contraception options to allow the person to make an informed choice on an appropriate contraceptive for them
- Provide information on long-acting reversible contraceptives and discuss their advantages, side effects and suitability for people using this service
- Support people to explore their concerns or side effects linked to contraception and be able to discuss alternative options.

If you have any questions about the event, please contact:

CPPE colleague: Meera Joshi <u>meera.joshi@cppe.ac.uk</u>

LPC colleagues: Rajshri Owen <u>chiefofficer@leics-lpc.co.uk</u> Kate Bockley-Smith Admin (<u>admin@leics-lpc.co.uk</u>)