



**Community
Pharmacy
Leicestershire
& Rutland**

REGIONAL & LOCAL NEWS

FREESTYLE LIBRE CONTINUOUS GLUCOSE MONITORING IN PHARMACY PRACTICE



18th January 2026

AGENDA

- ✓ 09:00 – Coffee and networking
- ✓ 09:15 – Foundations of CGM
- ✓ 09:15 – Foundations of CGM
- ✓ 09:45 – Data Interpretation Using the App or Reader
- ✓ 10:30 – Using CGM to Interpret Self-Management Behaviours and Support Behaviour Change
- ✓ 11:00 – Q&A
- ✓ 11:30 – Close



Marriott in Leicester



FOR REGISTRATION



Address
Grove Park, Smith Way, Leicester LE19 1SW



Phone
0116 282 0100

We're delighted to kick off the new year by inviting you and your teams to an **in-person training event** focused on the practical use of **Continuous Glucose Monitoring (CGM)** in pharmacy practice.



FreeStyle Libre Continuous Glucose Monitoring in Pharmacy Practice
Sunday 18 January 2026



Leicester Marriott Hotel

Grove Park, Smith Way, Leicester LE19 1SW

This session will support pharmacy teams to **build confidence in understanding CGM data** and using it to better support patients in everyday practice.



Agenda highlights include:

- Foundations of CGM and how FreeStyle Libre works
- Interpreting CGM data using the app or reader

- Using CGM to support self-management, behaviour change and safe first-line advice
- Understanding where CGM fits within **GLP-1 and obesity care pathways**

 **Coffee & networking from 9:00am**

 **Event closes at 11:30am**

 **Register here:**

Call to action



PHARMACY FIRST ACHIEVING THRESHOLD GUIDANCE

Dec 2025

Pharmacy First- Achieving Threshold Guidance

We are pleased to share the launch of our new **Pharmacy First – Achieving Threshold Guidance**, developed to support all LLR community pharmacy

teams in delivering the service confidently and consistently.

Many of you have told us that while Pharmacy First is a fantastic opportunity for community pharmacy, meeting the clinical pathway thresholds each month can be challenging. This guidance has been created **with your feedback in mind** and is designed to offer clear, practical tools that work in real-life pharmacy environments.

Inside the document you will find:

- ✓ Key hints and tips to maximise activity
- ✓ Team scripts for counter staff and HCAs
- ✓ A triage/referral form to reduce missed consultations
- ✓ What to do – and just as importantly, what not to do
- ✓ Daily huddle prompts to keep teams aligned
- ✓ Strategies to streamline workflow and protect pharmacist time

Call to action

January 2026
COMMUNITY PHARMACY
DEADLINE TRACKER

To help keep LLR community pharmacy teams on track with monthly tasks, quality payments and to meet local and national deadlines. View the latest monthly Community Pharmacy Deadline Tracker.

[READ MORE](#)



NEW! Condom Scheme across Leicestershire & Rutland

The Condoms Now scheme will be in place across Leicestershire and Rutland to replace the existing C Card scheme as a method of providing individuals with access to free condoms throughout the region. Providers will need to have a lead contact in place who will be the individual contacting myself with any questions or concerns, submitting monthly monitoring data and requesting stock.

The scheme will not be suitable for compensation or reimbursement.

All of the forms and further guidance are provided by myself to providers once the training for the scheme is complete. These are 1-2hr sessions, typically hosted via Teams (arrangements can be made for me to come and deliver this in person if needed) where individuals will get full details of the scheme, safeguarding information and the opportunity to ask questions where needed. For the actual scheme implementation: providers will be required to host a 10-15 mins consultation with an individual wanting to collect condoms (this will be to evaluate any safeguarding concerns, discuss what type of condom packs they would like, discuss any other contraceptive needs and a general open and

supportive environment to discuss healthy sexual relationships). Following this, they will need to fill out the monitoring information on the spreadsheet for every distribution that takes place, and then return this form via email (LRcondomsnow@hcrgcaregroup.com) every month to that we can evaluate site activity.

National News



Nestlé is voluntarily recalling specific batches of its SMA infant formula and follow-on formula.

This is due to the potential presence of cereulide in the batches concerned.

Batch codes can be found on the base of the tin or box for powdered formulas or the base of the outer box and on the side / top of the container for ready-to-feed formulas.

There have been no confirmed reports of any illness associated with consumption of the products concerned. Nevertheless, out of an abundance of caution, Nestlé has decided to perform this voluntary product recall in line with our strict product quality and safety protocols.

Consumers who may have these batches should not feed this product to their baby.

If you have purchased one of these batches, please share a photo of the product and the batch code via <https://www.nestle.co.uk/en-gb/getintouch> or by calling our careline on **0800 0 81 81 80** (UK) **1800 931 832** (Ireland) and we will refund you.



New!

Updated SCS service spec and PGDs published ahead of changes to the service

NHSBSA published the draft versions of the service specification and new PGDs for the Smoking Cessation Service (SCS) on their website.

A start date has not been agreed for the revised service yet. IT developments will need to be progressed before a start date can be agreed therefore this is not a priority for pharmacy teams who are or wish to provide the service in the future.

Call to action



**Community Pharmacy
Leicestershire & Rutland
(CPL&R)**

Formerly known as the Local Pharmaceutical Committee (LPC)

admin@leics-lpc.co.uk

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