

Community Pharmacy Leicestershire & Rutland

REGIONAL & LOCAL NEWS

Bring back your unused medicines



Safe disposal starts with you.

From March 2026, you can return unused and unwanted medicines to any community pharmacy in Leicestershire or Rutland for safe disposal.

Supported by Community Pharmacy Leicestershire and Rutland, the NHS, Leicestershire Police, and local authorities.



Leicester, Leicestershire and Rutland Health and Wellbeing Partnership

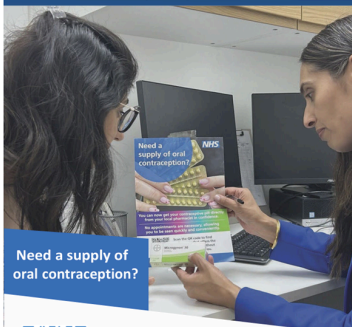
LLR Medicines Amnesty Campaign – March 2026

From March 2026 the ICB along with LPT will be launching a **Leicester, Leicestershire and Rutland (LLR) Medicines Amnesty Campaign**. To download the poster to display please click below

[More Info](#)


NHS

NHS Pharmacy Contraception Service
Ask a member of our pharmacy team for more information.



Need a supply of oral contraception?

You can now get your first, or next supply of oral contraception free of charge from this pharmacy



Mandatory East Midlands Contraception Public Health Campaign

The ICBs across the East Midlands have agreed with Local Pharmaceutical Committees that a **mandatory local health campaign** promoting the **NHS Pharmacy Contraception Service (PCS)** will run from **2–13th March 2026** in pharmacies across east Midlands.

[Resources click here](#)



Leicester, Leicestershire and Rutland Area Prescribing Committee (LLR APC) Newsletter.

Check below for latest LLR prescribing updates including Budesonide/ Formoterol 100/3 Symbicort pMDI.

[Read More](#)



Navigating the Numbers. Securing the Future

Strengthening Financial Resilience in Community Pharmacy

Overview

A community pharmacy event focused on financial sustainability, aimed at supporting community pharmacy contractors and teams to strengthen financial acumen and address common financial pitfalls in the current challenging landscape.



Date
Sunday 26th April



Time
9:00am–1:00pm



Location
Leicester Marriott Hotel
Grove Park, Smith Way, LE19 1SW

Navigating the Numbers. Securing the Future

Community Pharmacy Leicestershire & Rutland is pleased to invite contractors and pharmacy teams to an essential upcoming event focused on **financial sustainability and resilience** in community pharmacy.

Navigating the Numbers. Securing the Future will provide practical insights to help pharmacy businesses strengthen financial acumen, understand key pressures in the current landscape, and avoid common financial pitfalls. This session is designed to support pharmacies in planning ahead with confidence and safeguarding long-term viability.



Date: Sunday 26th April



Time: 9:00am – 1:00pm



Location: Leicester Marriott Hotel, Grove Park, Smith Way, LE19 1SW

Whether you are a contractor, manager, or part of the wider pharmacy leadership team, this is a valuable opportunity to build knowledge, share learning, and ensure your business is prepared for the future.

More details and registration information coming soon.

March 2026 COMMUNITY PHARMACY DEADLINE TRACKER

To help keep LLR community pharmacy teams on track with monthly tasks, quality payments and to meet local and national deadlines. View the latest monthly Community Pharmacy Deadline Tracker.

[READ MORE](#)



CPAF Support Hub

We are pleased to share that we have launched a dedicated [CPAF Support Hub](#) on our website.

The hub includes:

- An overview of CPAF requirements
- Clarification on SOP monitoring
- Frequently asked questions
- A practical preparation checklist

Common mistakes to avoid

[Call to action](#)

Hormone replacement therapy (HRT)

- There is a potential risk of reduced absorption of oral progestogens used within HRT regimens when used alongside GLP-1 mimetics.
- The British Menopause Society has produced guidance for clinicians which advises on alternative progestogen delivery and dosages with different HRT regimens.

Oral contraceptives:

- Tropicamide is the only GLP-1 mimetic found to have a clinically significant effect on bioavailability of oral contraceptives. Other GLP-1 mimetics do not appear to have clinically significant interactions with oral contraceptives.
- Patients using progestins should use a barrier method of contraception in addition to their oral contraceptive for four weeks after starting the medication, and for four weeks after any increase in dose. Alternatively, they may wish to consider another non-oral method of contraception while using tropicamide.
- The Faculty of Sexual and Reproductive Healthcare has produced a [statement and advice on contraception for GLP-1 mimetics and oral contraceptives](#).

Please also refer to the Specialist Pharmacy Service (SPS) webpage 'Considerations and interactions with GLP-1 receptor agonists' for further information to support prescribing decisions.

LLR NetFormulary Statement on GLP-1 Use with HRT and Contraception

LLR NetFormulary has now been updated with a statement to support primary care colleagues managing women on hormone therapies (HRT and contraception) who are also using GLP-1 mimetics. As agreed previously, the statement reflects national guidance and includes links to relevant resources to support clinical

[Call to action](#)



Data Security & Protection Toolkit Hub

Pharmacy owners in LLR are urged to ensure they have completed their **Data Security and Protection Toolkit (DSPTK) 2025** by the fast-approaching deadline of **Monday 30th June 2025**.

[Call to action](#)



HENS Update – Prescribed Enteral Feeds

Within LPT/LLR, enteral feeding is supported through a contracted Home Enteral Nutrition Service (HENS) provider, **Nutricia Homeward**. Patients receiving enteral nutrition typically hold an account with Nutricia Homeward, who arrange **monthly home deliveries** of prescribed feeds and related products.

These deliveries commonly include enteral feeds supplied in 500ml, 1000ml or 1500ml containers, alongside some oral nutritional supplements administered via feeding tubes and other specialist nutritional products such as protein supplements.

While most enterally fed patients choose delivery via Nutricia Homeward, a small number prefer to receive their feeds through their local community pharmacy.

Current Challenge

Each month, GP practices must make a **one-off nomination** so prescriptions are sent to Nutricia Homeward rather than a local pharmacy. If this nomination is missed, prescriptions may be sent to community pharmacies in error.

This can lead to:

- Delays in patients receiving essential feeds,
- Confusion about prescription location,
- Pharmacies ordering bulky stock unnecessarily,
- Potential return costs or wasted workload.

What Pharmacies Should Do

If you receive a prescription for enteral feeds:

- ✓ Check whether your pharmacy is the intended supplier.
- ✓ Inform the patient and/or Nutricia Homeward that the prescription has arrived.
- ✓ If unusual for that patient, or notes indicate delivery via Homeward/Nutricia/ZE10AA, consider returning the prescription to the Spine for Nutricia Homeward to collect.

Nutricia Homeward can be contacted on **0800 093 3672**.

Patients should also know whether they have chosen home delivery or pharmacy supply for their feeds.

**TURNING
POINT**
inspired by possibility



New!

Turning Point

 **Reminder from Turning Point
Missed 3 consecutive doses?
Please inform Turning Point.**

Where a patient misses **three consecutive doses**, pharmacies must notify Turning Point promptly to ensure appropriate follow-up and continuity of care.

Please ensure your team is aware of this requirement and that missed doses are monitored consistently.

 **Turning Point contact details**

Call to action

National News



Pharmacy Pressures Survey 2026 – Now Live

Pharmacy Pressures Survey 2026 is now live on the CPE website: [Pharmacy Pressures Survey 2026: Your responses help secure our future](#)

As in previous years, this is a key piece of work for to help the sector. The survey provides the evidence we use to demonstrate the real financial, operational and workforce pressures facing community pharmacy, and it directly informs our engagement with Government, the NHS, Parliament and the national media.

There are two short surveys (takes about 10–15 minutes each to complete):

- One for [pharmacy business owners / head office representatives](#)
- One for [pharmacy teams](#)
- The survey closes 16th March 2026



**Community Pharmacy
Leicestershire & Rutland
(CPL&R)**

Formerly known as the Local Pharmaceutical Committee (LPC)

admin@leics-lpc.co.uk

You received this email because you are registered with LPC

[Unsubscribe here](#)

