

Communication for Community Pharmacy: Update to Blood Glucose and Ketone Meters, Testing Strips and Lancets Formulary Guideline and Pen Needle Formulary Guideline for Pre-Filled and Reusable Insulin and GLP-1 Agonist Pens

The LLR [Blood Glucose and Ketone Meters, Testing Strips and Lancets Formulary Guideline](#) and [Pen Needle Formulary Guideline for Pre-Filled and Reusable Insulin and GLP-1 Agonist Pens](#) have been updated on the LLR APC website.

The guidelines have been updated alongside [NHSE recommendations](#) and local expert opinion from Diabetes Specialist Nurses in the LLR EDEN team.

The updated guidelines are not associated with any active switch programmes in primary or secondary care; only new patients or existing patients requiring a different device will be prescribed blood glucose or ketone testing strips, lancets or pen needles stipulated in the updated guidelines. Many of the meters recommended in the previous guidelines remain in the updated guidelines, including the most commonly prescribed GlucoRx Q and Finetest Lite. Before general practice can prescribe new glucose and/or ketone testing strips, they will need to order in corresponding meters from suppliers. Therefore, we anticipate that changes to prescribing habits and in turn changes to prescriptions presented in community pharmacies will be very gradual.

A summary of the changes to recommended blood glucose and ketone testing strips, lancets and pen needles are highlighted in the table below.

For any questions relating to the updated guideline, please contact katie.jones171@nhs.net.

Summary Table of Changes

	Current guideline	New guideline
Glucose testing strips		
T1DM/ketosis-prone T2DM	CareSens PRO	Neon GK+ ALLYbg
T1DM/ketosis-prone T2DM, meters with additional functionality	N/a	Neon GK+ GlucoFix Tech Sensor
T2DM	Finetest Lite GlucoRx Q	Finetest Lite GlucoRx Q
T2DM, meters with additional functionality	N/a	Neon GK+ ALLYbg
Reduced manual dexterity	Accu-Chek Instant	Accu-Chek Instant
Larger memory requirements	TEE 2	Neon GK+ ALLYbg

		GlucoFix Tech Sensor
Talking meter	Palmdoc	Palmdoc
Pregnancy	WaveSense JAZZ	Contour Plus
Renal impairment	Contour Next	Contour Plus
Virtual diabetes ward	N/a	Contour Plus
Ketone testing strips	KetoSens	Neon GK+ Ketone ALLYbk GlucoFix Tech β -Ketone Sensor
Lancets	GlucoRx Greenlan	Greenfine Apollo Twist
Safety lancets	N/a	Apollo BV Safety GlucoRx Lite Safety
Pen needles	GlucoRx Carepoint Greenfine	Greenpoint Apollo BV
Safety pen needles	GlucoRx Safety	Microdot Max Safety Apollo Pro-Shield Safety