

# CPPE in the East Midlands

summer, 2026



## CPPE

CENTRE FOR PHARMACY  
POSTGRADUATE EDUCATION

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## New letter, same CPPE EM

Summer is here, and with it, we're bringing you our local update in a shinier package.

**As ever, send any questions to one of our regional tutor team!**



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## In-person workshops

These run locally, with limited spaces. See one you like? **Book it.**

<a href="#"><u>Menopause</u></a> Lincoln, 1 July	<a href="#"><u>Blood pressure assessment in community pharmacy</u></a> Lincoln, 15 September	<a href="#"><u>Optimising inhaler technique</u></a> Milton Keynes, 1 July
<a href="#"><u>NHS contraception service</u></a> Hinckley, 9 June	<a href="#"><u>NHS Pharmacy First: Clinical assessment and examination skills</u></a> Normanton, 5 July (full day)	<a href="#"><u>Respiratory clinical assessment skills</u></a> Kegworth, 13 September

## Online workshops

These are open England-wide, but spaces are limited, so book now.

<a href="#"><u>Academic writing and reflective practice</u></a> 6 July, 16 September	<a href="#"><u>Depression: Having meaningful conversations</u></a> 11 June, 8 July, 22 September, 29 September	<a href="#"><u>Reflective practice</u></a> 2 July, 22 September
<a href="#"><u>Emergency contraception</u></a> 24 June, 30 June, 14 July, 16 September, 29 September	<a href="#"><u>Valproate: the hard conversations</u></a> 16 June, 15 July, 28 September	<a href="#"><u>Preparing to train as an independent prescriber</u></a> 22 June, 1 July, 17 September
<a href="#"><u>PGDs: Empowering pharmacy technicians to provide services</u></a> 11 June, 2 July, 1 September		<a href="#"><u>Deprescribing</u></a> 16 June, 8 September

## Courses and extended training

<a href="#"><u>Pharmacy technician development programme: Preparing for the future</u></a> Ongoing enrolment	<a href="#"><u>Accuracy checking pharmacy technician programme</u></a> Enrolment ongoing, £330 including VAT
<a href="#"><u>Return to practice</u></a>	<a href="#"><u>Return to the register</u></a>

Applications open for September 2026, £100 booking fee	Applications open – starts October 2026
<p><b><u><a href="#">CPhO's pharmacy leaders development programme</a></u></b></p> <p>Applications open – starts October 2026</p>	

## New launches

### Novel courses and training, straight off the shelf

#### **[Menopause: Prescribing perspectives](#)**

*Face-to-face workshop and e-course*

Develop your knowledge and skills for adopting a structured approach to safely and confidently providing advice on menopause symptom management and supply of medicines.

#### **[PGDs: Empowering pharmacy technicians to provide services](#)**

*Online workshop*

The role of PGDs is expanding. Here, pick up the tools and confidence to make safe, informed supply and non-supply decisions, quashing the uncertainty that often comes with new clinical responsibilities.

#### **[Fundamentals of neurology](#)**

*e-course*

With units on migraine, epilepsy, stroke, acquired brain injury, myasthenia gravis and motor neurone disease, this digital course supports person-centred care for people with neurological conditions.

#### **[Sustainable respiratory care](#)**

*Workplace-based learning*

Think through how to have meaningful conversations about inhaler use to manage conditions such as asthma and COPD, with the aim to improve people's health and environmental outcomes.

## **Type 2 diabetes: Optimising safe and personalised management**

### *Workplace-based learning*

Supports your team to build confidence and capability in delivering person-centred, individualised care that enhances safe and effective medicines optimisation for people living with type 2 diabetes.

## **Fundamentals of mental health**

### *e-course*

Develop your knowledge, skills and confidence to better support people living with a mental health condition. Covers depression, anxiety, insomnia, suicide, self-harm, bipolar disorder and schizophrenia.

## **Digital health and clinical informatics: an introduction**

### *e-learning*

A structured introduction to digital health and clinical informatics in pharmacy, suitable for pharmacists and pharmacy technicians in all settings. A great way to expand your digital skills.

# **News and media from CPPE**

## **What we're up to this month**

### **Make PQS your priority**

Details for the 26/27 *Pharmacy Quality Scheme* have been announced. [Our dedicated PQS page](#) can support you in meeting this year's requirements – which include our [Asthma for Pharmacy Quality Scheme 2026/27 e-learning](#) and [its linked e-assessment](#).

### **How pharmacy teams work together to tackle hypertension**

Our own Michelle Staples has penned a piece for this year's World Hypertension Day. [Why not have a look?](#)

### **Pharmacy Conversations** *(our lovely podcast)*

The last two episodes of the show have been cracking. We covered the [RPS' transition into the RCP](#), and then brought in Pharmacist Support to discuss [wellbeing in pharmacy](#).

**Explore our [news page](#) for more updates, featuring awareness day tips, thoughts from our director and more.**